

# Spanish & Hiking



*“An intensive  
learning experience  
in and out of the  
classroom”*

Ally Ladha, Princeton University



[www.castila.es](http://www.castila.es)  
[www.sierraysol.com](http://www.sierraysol.com)



**SIERRA&SOL**  
Hiking Activities in South Spain



**Granada** is a beautiful city much appreciated for its history, its culture, its vibrant nightlife, as well as its natural surroundings.

Home to the Iberian Peninsula's highest mountain and bordering the Mediterranean coast, Granada's landscape is rich and diverse. Thanks to the extensive network of hiking trails, you can explore all four Natural Parks and one National Park and get to know beautiful valleys and villages such as La Alpujarra.

Castila and Sierra&Sol are pleased to offer you a unique experience combining nature as well as linguistic and cultural immersion.



## Two different ways to combine Spanish and Hiking activities:

**1. Standard Spanish + Hiking programme:** 1 or 2 weeks with Spanish lessons and hiking (with Spanish teachers and other Spanish hikers)

**2. Combining a Spanish Course with a Specific Hiking Programme (full weekend, bank holidays or midweek) with a Spanish Course.**

### 1. Structure of the standard programme

#### Spanish in the classroom

- 4 lessons per day
- 20 Classes per week
- 50 minutes duration of classes
- Method: teacher rotation
- Material included in the price: books and all the necessary equipment

Social and cultural activities: daily with Spanish teachers.



*In these full-immersion language courses, you will interact with your teachers, Spanish students, mountain guides and local hikers.*

#### Hiking Activity Programme

##### Programme for 1 week

- Two short hikes (3-4 hours) on Tuesday and Thursday afternoons
- 1-day hike on Saturday
- 1-day hike on Sunday

##### Programme for 2 weeks

- Four short hikes (3-4 hours) on Tuesday and Thursday afternoons each week
- 1-day hike on Saturday
- 1-day hike on Sunday
- If students stay in Granada after the end of the course, they will be invited to go on another excursion for free.

On the Sunday hikes you will join a group of local Spanish hikers from Granada.

## Distribution of time and academic activities

### A. Grammar-based practice

2 classes per day

Explanations of grammar points and immediate practice in real communicative situations. Homework correction.

### B. Practice and conversation based on thematical units

2 classes per day

Oral and written exercises, comprehension practice (audio-visual material and analysis of documents or magazines, books, television, and radio) and conversation related to the specific topics studied.

### C. Extracurricular activities (optional)

To gain knowledge of a language, cultural immersion is necessary. With this in mind, CastiLa offers different social activities that help foreign students

integrate into Spanish life. These are a wide variety of activities, including Spanish movies, thematic evenings, musical evenings, trips, visits, parties, sports, tapas time and paellas.

### H. Hiking activities

Practise Spanish whilst walking and discovering the beauty of the natural areas that surround Granada. Learn about our natural and cultural heritage, the landscape and its flora and fauna among other things. You will be able to share these hikes with other students or local hikers in order to really immerse yourself in this natural world.

**H\*** For two-week courses the hikes on Saturday and Sunday correspond to the first weekend.

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
9:30 - 10:20	A	A	A	A	A	H*	H*
10:25 - 11:15	A	A	A	A	A	H*	H*
11:15 - 11:50	BREAK	BREAK	BREAK	BREAK	BREAK	H*	H*
11:50 - 12:40	B	B	B	B	B	H*	H*
12:45 - 13:35	B	B	B	B	B	H*	H*
	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	H*	H*
AFTERNOON	C	H	C	H	C	H*	H*

## 2. Combining a Spanish Course with a Specific Hiking Programme:

Students of CastiLa can complement their Spanish Course (4 or 6 classes daily) at their convenience with a Specific Hiking Program.

The Specific Hiking Programs are always organized with Spanish teacher-guides and other Spanish hikers. The hiking programme consists of:

- The travel
- Accommodation in very well-equipped establishments, integrated in the natural environment
- Full days hiking
- Meals and additional activities together with the group

Altogether a wonderful opportunity to put into practice your Spanish skills into practice.



# Spanish and hiking - Calendar 2018

## 1. Standard Spanish Course + Hiking Programme:

JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
2	12*	5	2	14*	11*	2		17	1	5	H
15	H	19	30			9*				9	
			H	H	H	16			H		

\* Students with some knowledge of Spanish (low or high level)

### Prices

#### 1. Standard hiking programme

1-week programme: .....**507€**

2-week programme: .....**837€**

## 2. Combining a Spanish Course with a Specific Hiking Programme

### <sup>H</sup> Months when special hiking programmes are scheduled:

- A** Feb. 4th–9th, 5 stages of hiking: *Where winter doesn't exist* (Cabo de Gata - Desierto de Tabernas).  
Booking deadline January 5th.....**625€**
- B** Apr. 20th–22nd, 2 days' hiking: *The Eastern Alpujarras, land of the Mariscos*. Booking deadline March 23th. ....**312€**
- C** May 26th–Jun. 2nd, 5 stages of hiking: *Camino de Santiago* ('Way of St. James', Cantabria-Asturias).  
Booking deadline April 10th.....**625€\***
- D** Jun. 30th–Jul. 1th. 2 days' hiking: *Discover Sierra Nevada National Park*. Booking deadline July 9th. ....**245€**
- E** Oct. 27th–28th, 2 days' hiking: *Autumn colours in the Sierra Nevada*. Booking deadline October 2st. ....**140€\*\***
- F** Dec. 14th–16th, 2 days' hiking: *Welcome winter in the Andalusian Sierras*. Booking deadline November 12th.....**328€**

### Prices include:

Journeys, accommodation with breakfast, full days hiking with Spanish teacher-guide, visits and special activities.

\* Journey to Santillana de Mar and return from Gijón not included. According to your needs we can organize for you from / to Granada.

\*\* Accommodation in Granada, not included in this price.

Minimum of group 4 people. Please ask for other specific details for each programme.



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